

OUR VOICE IN ACTION

Lend your voice to suicide prevention in your community.



Many people within our communities have a lived experience of suicide, be that through having experienced suicidal thoughts; survived a suicide attempt; cared for someone through suicidal crisis; or being bereaved through suicide.

An opportunity now exists for the Illawarra Shoalhaven SP Collaborative, to participate in a lived experience designed and delivered, capacity building workshop facilitated by Roses in the Ocean.

Your voice, insight, and wisdom is critically important to guide suicide prevention activities in in your chosen area of focus - be that your local community, region or organisation.

'Our Voice in Action' is a workshop for people with a lived experience of suicide who are ready and keen to explore opportunities to be involved in suicide prevention activities. It is for people who believe they are ready to use their lived experience to help others and inform future direction for suicide prevention.

For more information about the Our Voice in Action Lived Experience workshop, view the Workshop Outline.

When considering this opportunity, please read '**Readiness to be involved in suicide prevention**' to support you to make an informed decision.



Workshop details:

Date	Friday, 27 & Saturday, 28 October 2023
Time	8:30am - 4:30pm
Location	Venue TBC Illawarra, NSW



How do I register?

To register to attend, click on the QR Code, or scan it with your smart device camera. A Roses in the Ocean team member will be in touch with further information. If you require assistance or have any questions, please call us on 1300 411 461.

This workshop is facilitated by Roses in the Ocean and is supported by Coordinare South Eastern NSW PHN for the Illawarra Shoalhaven Suicide Prevention Collaborative.

